| Day and date | SPRINTERS |  |
| :---: | :---: | :---: |
|  | Time | Location |
| Monday, 8 January 2024 | 9.00-10.00am | MARC outdoor |
| Tuesday, 9 January 2024 | 6.00-7.00pm | Huntingtower |
| Wednesday, 10 January 2024 | 9.00-10.00am | MARC outdoor |
| Thursday, 11 January 2024 | $6.00-7.00 \mathrm{pm}$ | Huntingtower |
| Friday, 12 January 2024 | 9.00-10.00am | MARC outdoor |
| Saturday, 13 January 2024 |  |  |
| Sunday, 14 January 2024 |  |  |
| Monday, 15 January 2024 | 9.00-10.00am | MARC outdoor |
| Tuesday, 16 January 2024 | 6.00-7.00pm | Huntingtower |
| Wednesday, 17 January 2024 | 9.00-10.00am | MARC outdoor |
| Thursday, 18 January 2024 | $6.00-7.00 \mathrm{pm}$ | Huntingtower |
| Friday, 19 January 2024 | 9.00-10.00am | MARC outdoor |
| Saturday, 20 January 2024 |  |  |
| Sunday, 21 January 2024 |  |  |
| Monday, 22 January 2024 | 9.00-10.00am | MARC outdoor |
| Tuesday, 23 January 2024 | $6.00-7.00 \mathrm{pm}$ | Huntingtower |
| Wednesday, 24 January 2024 | 9.00-10.00am | MARC outdoor |
| Thursday, 25 January 2024 | 6.00-7.00pm | Huntingtower |
| Friday, 26 January 2024 | PUBLIC | CLASSES |
| Saturday, 27 January 2024 |  |  |
| Sunday, 28 January 2024 |  |  |
| Monday, 29 January 2024 | $6.30-7.30 \mathrm{pm}$ | MARC outdoor |
| Tuesday, 30 January 2024 | $6.00-7.00 \mathrm{pm}$ | Huntingtower |
| Wednesday, 31 January 2024 | $6.00-7.00 \mathrm{pm}$ | MARC outdoor |
| Thursday, 1 February 2024 | $6.00-7.00 \mathrm{pm}$ | Huntingtower |
| Friday, 2 February 2024 | 5.00-6.00pm | MARC outdoor |
| Saturday, 3 February 2024 |  |  |
| Sunday, 4 February 2024 |  |  |
| Monday, 5 February 2024 | 6.30-7.30pm | MARC outdoor |
| Tuesday, 6 February 2024 | $6.00-7.00 \mathrm{pm}$ | Huntingtower |
| Wednesday, 7 February 2024 | $6.00-7.00 \mathrm{pm}$ | MARC outdoor |
| Thursday, 8 February 2024 | $6.00-7.00 \mathrm{pm}$ | Huntingtower |
| Friday, 9 February 2024 | $5.00-6.00 \mathrm{pm}$ | MARC outdoor |
| Saturday, 10 February 2024 |  |  |
| Sunday, 11 February 2024 |  |  |
| Monday, 12 February 2024 | 6.30-7.30pm | MARC outdoor |
| Tuesday, 13 February 2024 | $6.00-7.00 \mathrm{pm}$ | Huntingtower |
| Wednesday, 14 February 2024 | $6.00-7.00 \mathrm{pm}$ | MARC outdoor |
| Thursday, 15 February 2024 | $6.00-7.00 \mathrm{pm}$ | Huntingtower |
| Friday, 16 February 2024 | 5.00-6.00pm | MARC outdoor |
| Saturday, 17 February 2024 |  |  |
| Sunday, 18 February 2024 |  |  |
| Monday, 19 February 2024 | $6.30-7.30 \mathrm{pm}$ | MARC outdoor |
| Tuesday, 20 February 2024 | $6.00-7.00 \mathrm{pm}$ | Huntingtower |
| Wednesday, 21 February 2024 | $6.00-7.00 \mathrm{pm}$ | MARC outdoor |
| Thursday, 22 February 2024 | $6.00-7.00 \mathrm{pm}$ | Huntingtower |
| Friday, 23 February 2024 | 5.00-6.00pm | MARC outdoor |
| Sunday, 25 February 2024 |  |  |
|  |  |  |
| Monday, 26 February 2024 | $6.30-7.30 \mathrm{pm}$ | MARC outdoor |
| Tuesday, 27 February 2024 | $6.00-7.00 \mathrm{pm}$ | Huntingtower |
| Wednesday, 28 February 2024 | $6.00-7.00 \mathrm{pm}$ | MARC outdoor |
| Thursday, 29 February 2024 | $6.00-7.00 \mathrm{pm}$ | Huntingtower |
| Friday, 1 March 2024 | 5.00-6.00pm | MARC outdoor |
| Saturday, 2 March 2024 |  |  |
| Sunday, 3 March 2024 |  |  |
| Monday, 4 March 2024 | 6.30-7.30pm | MARC outdoor |
| Tuesday, 5 March 2024 | $6.00-7.00 \mathrm{pm}$ | Huntingtower |
| Wednesday, 6 March 2024 | $6.00-7.00 \mathrm{pm}$ | MARC outdoor |
| Thursday, 7 March 2024 | $6.00-7.00 \mathrm{pm}$ | Huntingtower |
| Friday, 8 March 2024 | 5.00-6.00pm | MARC outdoor |
| Saturday, 9 March 2024 |  |  |
| Sunday, 10 March 2024 |  |  |
| Monday, 11 March 2024 | PUBLIC HOLIDAY - NO CLASSES |  |
| Tuesday, 12 March 2024 | 6.00-7.00pm | Huntingtower |
| Wednesday, 13 March 2024 | $6.00-7.00 \mathrm{pm}$ | MARC outdoor |
| Thursday, 14 March 2024 | $6.00-7.00 \mathrm{pm}$ | Huntingtower |
| Friday, 15 March 2024 | 5.00-6.00pm | MARC outdoor |
| Saturday, 16 March 2024 |  |  |
| Sunday, 17 March 2024 |  |  |
| Monday, 18 March 2024 | $6.30-7.30 \mathrm{pm}$ | MARC outdoor |
| Tuesday, 19 March 2024 | $6.00-7.00 \mathrm{pm}$ | Huntingtower |
| Wednesday, 20 March 2024 | $6.00-7.00 \mathrm{pm}$ | MARC outdoor |
| Thursday, 21 March 2024 | $6.00-7.00 \mathrm{pm}$ | Huntingtower |
| Friday, 22 March 2024 | 5.00-6.00pm | MARC outdoor |
| Saturday, 23 March 2024 |  |  |
| Sunday, 24 March 2024 |  |  |
| Monday, 25 March 2024 | $6.30-7.30 \mathrm{pm}$ | MARC outdoor |
| Tuesday, 26 March 2024 | $6.00-7.00 \mathrm{pm}$ | Huntingtower |
| Wednesday, 27 March 2024 | $6.00-7.00 \mathrm{pm}$ | MARC outdoor |
| Thursday, 28 March 2024 | $6.00-7.00 \mathrm{pm}$ | Huntingtower |
| Friday, 29 March 2024 | PUBLIC HOLIDAY - NO CLASSES |  |
|  |  |  |

