

Day and date	COMPETITION			
	AM		PM	
	Time	Venue	Time	Venue
Monday, 8 January 2024	7.30-9.00am	M50		
Tuesday, 9 January 2024	7.30-9.00am	M50		
Wednesday, 10 January 2024	7.30-9.00am	M50	5.00-6.30pm	Huntingtower
Thursday, 11 January 2024	7.30-9.00am	M50		
Friday, 12 January 2024	7.30-9.00am	M50		
Saturday, 13 January 2024				
Sunday, 14 January 2024				
Monday, 15 January 2024	7.30-9.00am	M50		
Tuesday, 16 January 2024	7.30-9.00am	M50		
Wednesday, 17 January 2024	7.30-9.00am	M50		
Thursday, 18 January 2024	7.30-9.00am	M50		
Friday, 19 January 2024	7.30-9.00am	M50		
Saturday, 20 January 2024				
Sunday, 21 January 2024				
Monday, 22 January 2024	7.30-9.00am	M50		
Tuesday, 23 January 2024	7.30-9.00am	M50	4.30-6.00PM	Huntingtower
Wednesday, 24 January 2024	7.30-9.00am	M50		
Thursday, 25 January 2024	7.30-9.00am	M50		
Friday, 26 January 2024	PUBLIC HOLIDAY - NO CLASSES			
Saturday, 27 January 2024				
Sunday, 28 January 2024				
Monday, 29 January 2024			5.00-6.30pm	M50
Tuesday, 30 January 2024			4.45-6.30pm	Dryland/M50
Wednesday, 31 January 2024			4.30-6.00pm	M50
Thursday, 1 February 2024			4.45-6.30pm	Dryland/M50
Friday, 2 February 2024	5.45-7.15am	M50		
Saturday, 3 February 2024				
Sunday, 4 February 2024				
Monday, 5 February 2024			5.00-6.30pm	M50
Tuesday, 6 February 2024			4.45-6.30pm	Dryland/M50
Wednesday, 7 February 2024			4.30-6.00pm	M50
Thursday, 8 February 2024			4.45-6.30pm	Dryland/M50
Friday, 9 February 2024	5.45-7.15am	M50		
Saturday, 10 February 2024				
Sunday, 11 February 2024				
Monday, 12 February 2024			5.00-6.30pm	M50
Tuesday, 13 February 2024			4.45-6.30pm	Dryland/M50
Wednesday, 14 February 2024			4.30-6.00pm	M50
Thursday, 15 February 2024			4.45-6.30pm	Dryland/M50
Friday, 16 February 2024	5.45-7.15am	M50		
Saturday, 17 February 2024				
Sunday, 18 February 2024				
Monday, 19 February 2024			5.00-6.30pm	M50
Tuesday, 20 February 2024			4.45-6.30pm	Dryland/M50
Wednesday, 21 February 2024			4.30-6.00pm	M50
Thursday, 22 February 2024			4.45-6.30pm	Dryland/M50
Friday, 23 February 2024	5.45-7.15am	M50		
Saturday, 24 February 2024				
Sunday, 25 February 2024				
Monday, 26 February 2024			5.00-6.30pm	M50
Tuesday, 27 February 2024			4.45-6.30pm	Dryland/M50
Wednesday, 28 February 2024			4.30-6.00pm	M50
Thursday, 29 February 2024			4.45-6.30pm	Dryland/M50
Friday, 1 March 2024	5.45-7.15am	M50		
Saturday, 2 March 2024				
Sunday, 3 March 2024				
Monday, 4 March 2024			5.00-6.30pm	M50
Tuesday, 5 March 2024			4.45-6.30pm	Dryland/M50
Wednesday, 6 March 2024			4.30-6.00pm	M50
Thursday, 7 March 2024			4.45-6.30pm	Dryland/M50
Friday, 8 March 2024	5.45-7.15am	M50		
Saturday, 9 March 2024				
Sunday, 10 March 2024				
Monday, 11 March 2024	PUBLIC HOLIDAY - NO CLASSES			
Tuesday, 12 March 2024			4.45-6.30pm	Dryland/M50
Wednesday, 13 March 2024	5.45-7.15am	M50	4.30-6.00pm	M50
Thursday, 14 March 2024			4.45-6.30pm	Dryland/M50
Friday, 15 March 2024	5.45-7.15am	M50		
Saturday, 16 March 2024				
Sunday, 17 March 2024				
Monday, 18 March 2024			5.00-6.30pm	M50
Tuesday, 19 March 2024			4.45-6.30pm	Dryland/M50
Wednesday, 20 March 2024			4.30-6.00pm	M50
Thursday, 21 March 2024			4.45-6.30pm	Dryland/M50
Friday, 22 March 2024	5.45-7.15am	M50		
Saturday, 23 March 2024				
Sunday, 24 March 2024				
Monday, 25 March 2024			5.00-6.30pm	M50
Tuesday, 26 March 2024			4.45-6.30pm	Dryland/M50
Wednesday, 27 March 2024	5.45-7.15am	M50	4.30-6.00pm	M50
Thursday, 28 March 2024			4.45-6.30pm	Dryland/M50
Friday, 29 March 2024	PUBLIC HOLIDAY - NO CLASSES			
Saturday, 30 March 2024				
Sunday, 31 March 2024				

Swimmers may attend any of the listed classes